



IPPON

The Newsletter of Crewe Judo Club

July 2011

Welcome to the new edition of Ippon. The plan is to issue this newsletter each month, but to do this we need your help. So if you would like anything published, maybe you could draw a judo picture or write about something to do with judo. We will also be having a competition with prizes and goody bags for the winners. In the meantime, we hope you enjoy this new newsletter of Crewe Judo Club.

Chris Sharpe
Senior Club Coach

Medals

Welsh Ne Waza Tournament

Dan Rigby (Silver), Chris Sharpe (Silver), Paul Rowlands (Bronze), Francine Birtwistle (runner up)



Samurai Kyu Grades

Paul Rowlands (Bronze)

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Events Coming Up

- July 10th Badge/Sticker and certificate day
- July 17th Junior and Senior Grading
- 4th July Club visit to Wrexham Judo Club
- July 15th Club visit to Sandbach Judo Club
- July 16th Junior Referee Course—Samurai
- July 31st Inter Club Tournament

Our Website



www.creweljudoclub.com

Judoka of The Month - July

Junior



Connor

Senior



Dan

Official of the Month

Congratulations to Gina, our Club Welfare Officer (CWO), who has been busy passing courses with the BJA. Gina passed her First Aid and Trauma Course at Manchester Judo Club last month and has also gained her Safeguarding and Protecting Children qualification with the BJA and is also NSPCC qualified.



Gradings

Official Promotional Gradings will be held 4 times per year. This will be an opportunity to see if you are ready to move to the next belt.



Gradings are £10 per person and includes club certificate and BJA certificate.

Students must book and pay in advance for all gradings. Licences must be brought to all gradings.

NO LICENCE NO GRADING

Proposed Grading Dates 2011/2012

Sunday July 17th 2011
Sunday October 23rd 2011
Sunday January 2nd 2012
Sunday April 22nd 2012
Sunday July 22nd 2012
Sunday October 21st 2012

Judo Suits For Sale

The club can provide all your Judo gi's at low cost. Our basic range is ideal for beginners. These bleached white suits are:

110's = £19	150's = £23
120's = £19	160's = £26
130's = £20	170's = £27
140's = £22	180's = £28



We can also provide the cheaper unbleached gi's all the way to Olympic quality – please ask for prices.

Update on Marshfield

As you will be aware, we had to move out of Marshfield Community Centre, due to it closing down in May. We have now been training at Fitness First for the last month and this will be our permanent venue for the Sunday classes.

I have now been informed that Cheshire East Council have become the new owners of Marshfield Community Centre and are planning to re-open within the very near future. When this happens, we will hopefully re-commence our Wednesday evening classes and possibly run a junior only session on a Sunday afternoon. I will keep you informed about this. We have now purchased 28 brand new high quality mats which are ready for our move back to Marshfield, which will enable us to keep our existing mats at Fitness First for the existing Sunday classes.



Cheaper Judo Lessons

Crewe Judo Club will soon be offering you the opportunity to pay for your judo lessons on a monthly basis. At the moment, junior fees are £2.50 per session and seniors are £3 per session. If students attend all 4 sessions in a month that would be £10 for juniors and £12 for seniors. The new monthly payment scheme would work by paying your monthly fee by cash, cheque or direct debit (payable to Crewe Judo Club) at a reduced fee, so therefore making each lesson cheaper. And of course some months have 5 weeks so you would save even more money.

Proposed Monthly Fees

Juniors £7.50 per month
Seniors £9 per month

Anyone interested in paying monthly please see Gina for further details
OR—You can pay per lesson if you still wish to.



Crewe Judo Club

Judo training for children and adults in Crewe, Cheshire

Training every Sunday 4pm at Fitness First, Crewe

Activities and Games



Can you find the 9 judo words in the table

dojo	tatami
toketa	shido
matte	yuko
tori	koka
sensei	

Words to find: 9

O	I	M	A	T	T	E	K	U	S
I	Z	H	T	M	D	Y	O	W	D
E	N	J	W	E	A	U	K	P	S
S	O	K	U	Y	T	H	A	O	J
N	S	A	N	D	E	I	D	J	N
E	W	H	H	U	K	M	O	N	P
S	S	I	I	T	O	A	J	U	D
E	S	G	Y	D	T	T	O	R	I
I	I	K	O	O	O	A	T	A	G
T	A	W	A	U	Y	T	Z	G	K

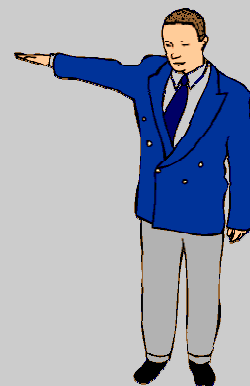
Samurai Junior Referee Course

Saturday 16th July 2011

9am until 4pm

Venue: Zortech Avenue, Kidderminster DY11 7DY, or Lisle Avenue,
Kidderminster DY11 7DE

Level 1 Course
Minimum age 10 Years
Minimum Grade 7th Mon



Please bring judo suit, judo licence, notebook and pen, drink and packed lunch.

PLEASE ASK GINA FOR ENTRY FORM