



Crewe Judo Club

and Ren Bu Kai Submission Fighting

Newsletter

February 2009

Crewe Win Bleakman Trophy

Crewe Judo Club swept the board at a Northwich Judo competition on Sunday, returning to Crewe with a hoard of medals and the prestigious annual Reg Bleakman Team Shield after fighting off fierce competition from other clubs in the North-West.

In the junior section sisters, Ola and Maria Mazurenko gained 2 Gold medals between them in their respective weight categories. Ola won all her fights in both the girls U30kg and U35kg categories to gain 2 Golds. Then elder sister Maria, whom despite an ankle injury during training just a few days earlier, found herself in a category along with team-mates Carmen Bishop and Marta Kokot. All three girls fought through their early round fights with fierce determination, giving the packed out National Martial Arts headquarters in Northwich an inevitable all-Crewe podium finish. The Girls U55 category ended with Marta Kokot taking a well deserved Bronze, Carmen Bishop taking Silver and Maria Kokot gaining the Gold medal in her judo competitive debut.

Izabella Kokot and Maddie Warburton added to Crewe's medal haul in the girls U45kg category, with a Silver from Izabella and Bronze from Maddie.

6 year old Victor Mazurenko, determined to match up to his older sister's successes did his family and Crewe Judo Club proud by winning 2 out of his 3 fights to gain the Silver and then went on to win another Silver in the team event.

The boys continued their day's success with 9 year old Ryan Ball, who although narrowly missed out



on a medal in his weight division, gained Silver in the team competition. Everyone looked forward to the Boys U50kg, where 3 team-mates, Sean Barber, Loren Bishop and Alex Carter were competing in a difficult division. It was soon clear to see that Crewe were going to finish with another podium 1, 2, 3 finish as 14 year old Loren Bishop gained the Bronze and Sean Barber took Silver, despite a slight leg injury in the early rounds. But the star of the category was 14 year old Alex Carter. Alex, also a Level 2 qualified U.M.A Judo referee, took the Gold medal and the title of Boys U50kg champion. Club members 8 year old Oliver Howle and 7 year old Daniel Ball earned valuable points towards their judo grading which takes place in April.

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www.crewejudoclub.com

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Matt Hudzik, 15 also enjoyed success in the Boys open, winning a straight final to gain the Gold medal. Matt then went on to fight in the Men's senior open event, competing against people more than twice his senior and much higher grade. Matt was joined by club teammates Zan Pavel and club coach Kevin Carter. Zan enjoyed his success with three wins to take the Gold for Crewe, Matt took the Silver with 2 wins executing two superb 'Ippon' throws on his opponents and club coach Kevin Carter had to settle for Bronze, in what was the end of a highly successful day for Crewe Judo Club.



Judo Club Coach Kevin Carter said "Everyone fought really well today and all the club's hard work and training has paid off."

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Events

Sunday 15th March
 Back-to-Back Groundfighting
 Competition Northwich
 Leave Crewe 8.30am
 Cost £8 Juniors and £10 Seniors

Sunday 29th March
 U.M.A. British Open Back to Back
 Groundfighting Championships (Derby)
 Leave Crewe 7am Return 6pm

Team Points

January Winner

DRAGONS	SAMURAI	NINJA	TIGERS
32	28	23	20

Congratulations to Dragons who are our first monthly winners. The points will be reset back to 0 again for February. Can your team win?

Counting to 10 in Japanese

You need to be able to count to 10 in Japanese to gain your Yellow Belt at Judo.

Practice counting to 10 ready for your next Judo lesson.

1	ICHI	6	ROKU
2	NI	7	NANA
3	SAN	8	HACHI
4	SHI	9	KYU
5	GO	10	JU