



# COMPETITIVE DAN GRADE SKILLS EXAMINATION FORM

Candidate's name:		Memb No:			
		Current grade:			
Examiners' name:		Exam Date:			
Candidate's club:		Date of birth:			
SECTION 1- Gokyo		SECTION 2 – Renzoku-waza		SECTION 4 – Kaeshi-waza	
<b>Nage-waza:</b>		<b>Nage-waza:</b>		<b>Nage-waza:</b>	
<b>1st SET</b>		<b>1st SET</b>		<b>1st SET</b>	
O-goshi	Hon-kesa-gatame	Seoi-nage to Seoi-otoshi		Harai-goshi countered by Ushiro-goshi	
Uki-goshi	Kuzure-kesa-gatame	O-uchi-gari to Ko-uchi-gari		Uchi-mata countered by Tai-otoshi	
Tsuri-goshi	Ushiro-kesa-gatame	Hiza-guruma to Ashi-guruma		Ko-uchi-gari c/b Harai-tsuri-komi-ashi	
Tsuri-komi-goshi	Makura-kesa-gatame	<b>2nd SET</b>		<b>2nd SET</b>	
Tai-otoshi	Mune-gatame	O-goshi to Uki-goshi		O-uchi-gari countered by Ko-soto-gari	
Ippon-seoi-nage	Kata-gatame	O-uchi-gari to Ko-soto-gake		Ko-soto-gari countered by Uchi-mata	
Morote-seoi-nage		O-soto-gake to O-soto-gari		O-soto-gari countered by O-soto-gaeshi	
Seoi-otoshi		<b>3rd SET</b>		<b>3rd SET</b>	
<b>2nd SET</b>	<b>2nd SET</b>	Tai-otoshi to Uchi-mata		Hiza-guruma countered by O-uchi-gari	
Ashi-guruma	Hon-kami-shiho-gatame	Tai-otoshi to Seoi-nage		De-ashi-barai countered by Tsubame-gaeshi	
O-guruma	Kuzure-kami-shiho-gatame	Ko-soto-gari to Tani-otoshi		De-ashi-barai countered by Ko-uchi-gari	
Harai-goshi	Hon-yoko-shiho-gatame	<b>4th SET</b>		<b>4th SET</b>	
Hane-goshi	Kuzure-yoko-shiho-gatame	O-soto-gari to Nidan-ko-soto-gari		Harai-goshi countered by Utsuri-goshi	
Uchi-mata	Hon-tate-shiho-gatame	Ippon-seoi-nage to Uchi-maki-komi		Koshi-guruma countered by Ura-nage	
Harai-maki-komi	Kuzure-tate-shiho-gatame	Harai-goshi to Soto-maki-komi		Uchi-mata c/b Uchi-mata-sukashi	
Hane-maki-komi		<b>MARKS AWARDED FOR SECTION 2:</b>		<b>MARKS AWARDED FOR SECTION 4:</b>	
Soto-maki-komi					
<b>3rd SET</b>	<b>3rd SET</b>	SECTION 3 – Renraku-waza		SECTION 5 – Renraku, Kaeshi, Nogarekata	
O-soto-gari	Nami-juji-jime	<b>Nage-waza:</b>		<b>Ne-waza:</b>	
Ko-soto-gari	Gyaku-juji-jime	<b>1st SET</b>		<b>1st SET</b>	
O-uchi-gari	Kata-juji-jime	Ko-uchi-gari to Tai-otoshi		Kuzure-kesa-gatame to Ude-garami	
Ko-uchi-gari	Tsuki-komi-jime	Hiza-guruma to O-soto-gari		Escape Kesa-gatame to any Osaekomi-waza	
O-uchi-gake	Ryote-jime	Ko-uchi-gari to Ippon-seoi-nage			
Ko-soto-gake		<b>2nd SET</b>		<b>2nd SET</b>	
O-soto-guruma		Uchi-mata to Ko-uchi-gari		Kesa-gatame to Hiza-gatame	
Sode-tsuri-komi-goshi		O-uchi-gari to Tsuri-komi-ashi		Escape Yoko-shiho-gatame to Sangaku-jime	
<b>4th SET</b>	<b>4th SET</b>	Sasae-tsuri-komi-ashi to De-ashi-barai			
De-ashi-barai	Hadaka-jime	<b>3rd SET</b>		<b>3rd SET</b>	
Okuri-ashi-barai	Okuri-eri-jime	Ashi-guruma to Tani-otoshi		Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame	
Sasae-tsuri-komi-ashi	Kata-ha-jime	Harai-goshi to O-soto-gake		Kata-juji-jime countered by Hiza-gatame	
Harai-tsuri-komi-ashi	Sode-guruma-jime	O-soto-gake to Seoi-otoshi			
Hiza-guruma	Koshi-jime	<b>4th SET</b>		<b>4th SET</b>	
Uki-otoshi		Ko-uchi-gari to Yoko-tomoe-nage		Tate-shiho-gatame to Juji-gatame	
Tomoe-nage		Ippon-seoi-nage to Ko-uchi-gake		Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime	
Sumi-gaeshi		O-soto-gari to Yoko-wakare			
<b>5th SET</b>	<b>5th SET</b>	<b>MARKS AWARDED FOR SECTION 3:</b>		<b>MARKS AWARDED FOR SECTION 5:</b>	
Kata-guruma	Ude-garami				
Koshi-guruma	Juji-gatame	<b>PASS MARKS</b>		<b>MARKING SUMMARY</b>	
Yama-arashi	Ude-gatame	For promotion to 1st Dan	19 0	<b>MARKS AWARDED FOR SECTION 1:</b>	
Tani-otoshi	Hiza-gatame	For promotion to 2nd Dan	32 0	<b>MARKS AWARDED FOR SECTION 2:</b>	
Yoko-otoshi	Waki-gatame	For promotion to 3rd Dan	52 0	<b>MARKS AWARDED FOR SECTION 3:</b>	
Yoko-wakare		For promotion to 4th Dan	70 0	<b>MARKS AWARDED FOR SECTION 4:</b>	
Yoko-gake		For promotion to 5th Dan	80 0	<b>MARKS AWARDED FOR SECTION 5:</b>	
Uki-waza				<b>MARKS AWARDED FOR SECTION 6:</b>	
<b>MARKS AWARDED FOR SECTION 1:</b>				<b>TOTAL MARKS AWARDED:</b>	
<b>The Senior Examiner must be a minimum of 1 grade above the candidates grade: Marking will range from 0 to 10 points for each technique</b>					
Examiner's signature and grade _____		Memb No: _____		Date: _____	

## BRITISH JUDO ASSOCIATION

Floor 1, Kudhail House, 238 Birmingham Road, Great Barr, Birmingham, B43 7AH

T 0121 728 6920 E bja@britishjudo.org.uk W britishjudo.org.uk

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## SECTION 6a – Nage-no-Kata

1st SET	Uki-otoshi		Ippon-seoi-nage		Kata-guruma		<b>TOTAL</b>	
2nd SET	Uki-goshi		Harai-goshi		Tsuri-komi-goshi		<b>TOTAL</b>	
3rd SET	Okuri-ashi-barai		Sasae-tsuri-komi-ashi		Uchimata		<b>TOTAL</b>	
4th SET	Tomoe-nage		Ura-nage		Sumi-gaeshi		<b>TOTAL</b>	
5th SET	Yoko-gake		Yoko-guruma		Uki-waza		<b>TOTAL</b>	

**Notes for the Examiner:** Marking will range from 0 to 10 points for each technique, which must be demonstrated both right and left handed and the combined score for each technique recorded above.

## SECTION 6b – Katame-No-Kata

1st SET	2nd SET	3rd SET
Kuzure-kesa-gatame	Kata-juji-jime	Ude-garami
Kata-gatame	Hadaka-jime	Juji-gatame
Kami-shiho-gatame	Okuri-eri-jime	Ude-gatame
Yoko-shiho-gatame	Kata-ha-jime	Hiza-gatame
Kuzure-kami-shiho-gatame	Gyaku-juji-jime	Ashi-garami
Presentation	Presentation	Presentation
<b>TOTAL</b>	<b>TOTAL</b>	<b>TOTAL</b>

**Notes for the Examiner:** Marking will range from 0 to 10 points for each technique and an additional mark out of ten is required for presentation. For kata the candidate can claim exemption by providing a BJA Kata certificate but the marks allocated will be the minimum pass mark set for that level

## OVERVIEW – Points requirements

	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
<b>Section 1 – Single Techniques</b>	One from each set	One from each set	One from each set	One from each set	One from each set
	Examiners Choice	Examiners Choice	Examiners Choice	Examiners Choice	Examiners Choice
	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>
<b>Section 2 – Renzoku-waza</b>	One set	Two sets	Three sets	All Four sets	All Four sets
	Candidates Choice	Candidates Choice	Candidates Choice		
	<b>30</b>	<b>60</b>	<b>90</b>	<b>120</b>	<b>120</b>
<b>Section 3 – Renraku-waza</b>	One set	Two sets	Three sets	All Four sets	All Four sets
	Candidates Choice	Candidates Choice	Candidates Choice		
	<b>30</b>	<b>60</b>	<b>90</b>	<b>120</b>	<b>120</b>
<b>Section 4 - Kaeshiwaza</b>	One set	Two sets	Three sets	All Four sets	All Four sets
	Candidates Choice	Candidates Choice	Candidates Choice		
	<b>30</b>	<b>60</b>	<b>90</b>	<b>120</b>	<b>120</b>
<b>Section 5 – Renraku/Kaeshi/Nogarekata</b>	One set	Two sets	Three sets	All Four sets	All Four sets
	Candidates Choice	Candidates Choice	Candidates Choice		
	<b>20</b>	<b>40</b>	<b>60</b>	<b>80</b>	<b>80</b>
<b>Section 6 - Kata</b>	One set Nage-no-kata	Two sets Nage-no-kata	Three sets Nage-no-kata	Four sets Nage-no-kata	Complete Nage-no-kata &
	Candidates Choice	Candidates Choice	One set Katame-no-kata	Two sets Katame-no-kata	Complete Katame-no-kata
	<b>60</b>	<b>120</b>	<b>240</b>	<b>360</b>	<b>480</b>
<b>Maximum Marks Possible</b>	<b>270</b>	<b>440</b>	<b>670</b>	<b>900</b>	<b>1020</b>
<b>Pass Mark</b>	<b>190</b>	<b>320</b>	<b>520</b>	<b>700</b>	<b>800</b>

**Notes for the Examiner:** Marking will range from 0 to 10 points for each technique.

Return to: BJA NDGA, Kudhail House, 238 Birmingham Road, Great Barr, Birmingham, B43 7AH

For BJA NDGA Official Use Only: Date Received: \_\_\_\_\_ Notes:

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