

Ne-waza / Groundwork Wordsearch

All the words you are looking for are these Japanese words for groundwork techniques:

Kesa Gatame

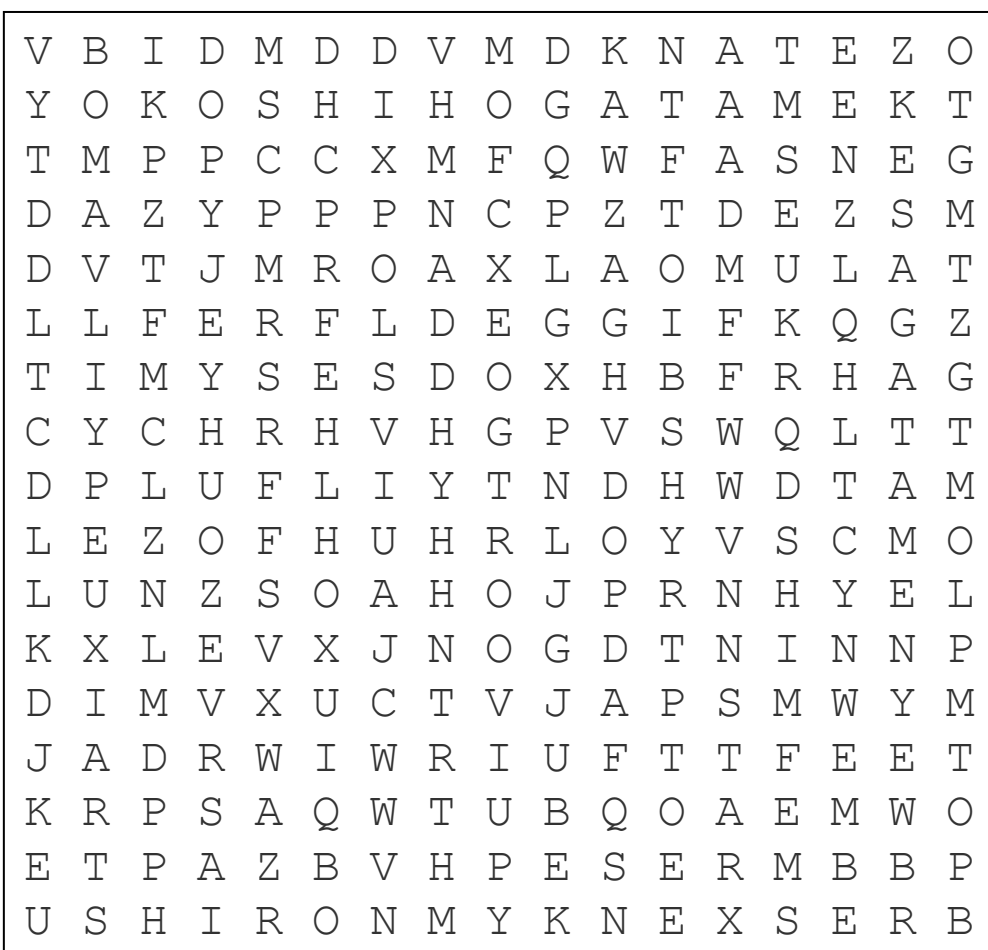
Kame Shiho Gatame

Yoko Shiho Gatame

Tate Shiho Gatame

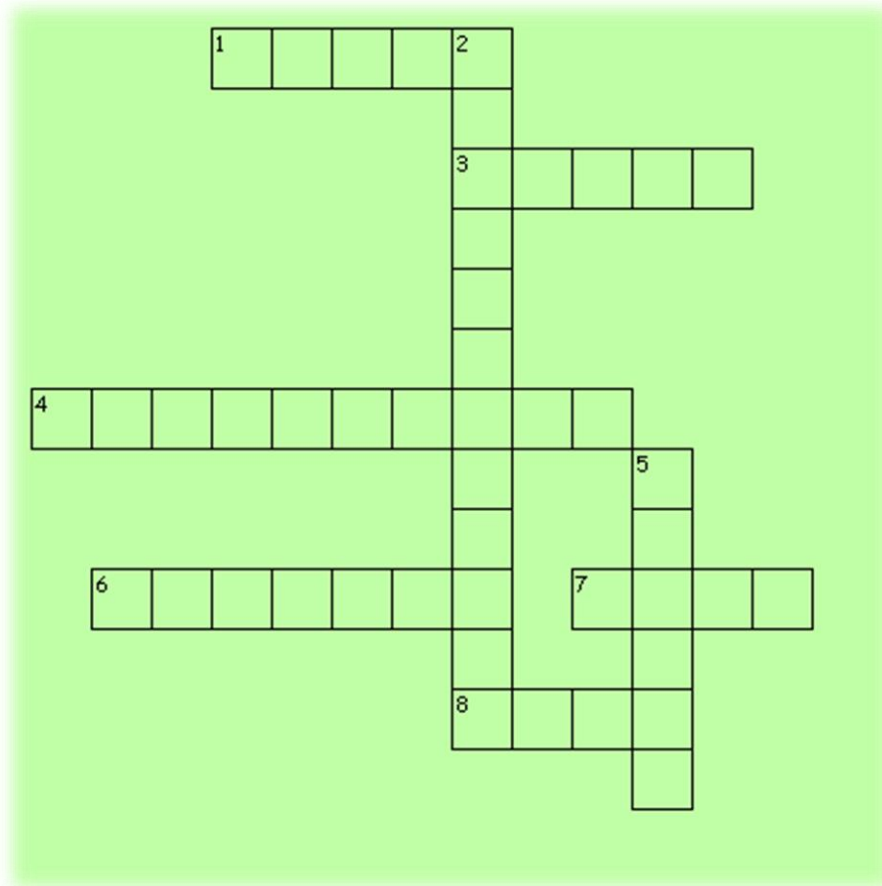
Kuzure

Ushiro



Ne-waza / Groundwork crossword

In this crossword I have provided you with the Japanese words, and you need to fill in the English words:



Across

1. Kesa
3. Kame
4. Tate
6. Ushiro
7. Gatame
8. Yoko

Down

2. Shiho
5. Kuzure



Ukemi / Breakfall wordsearch

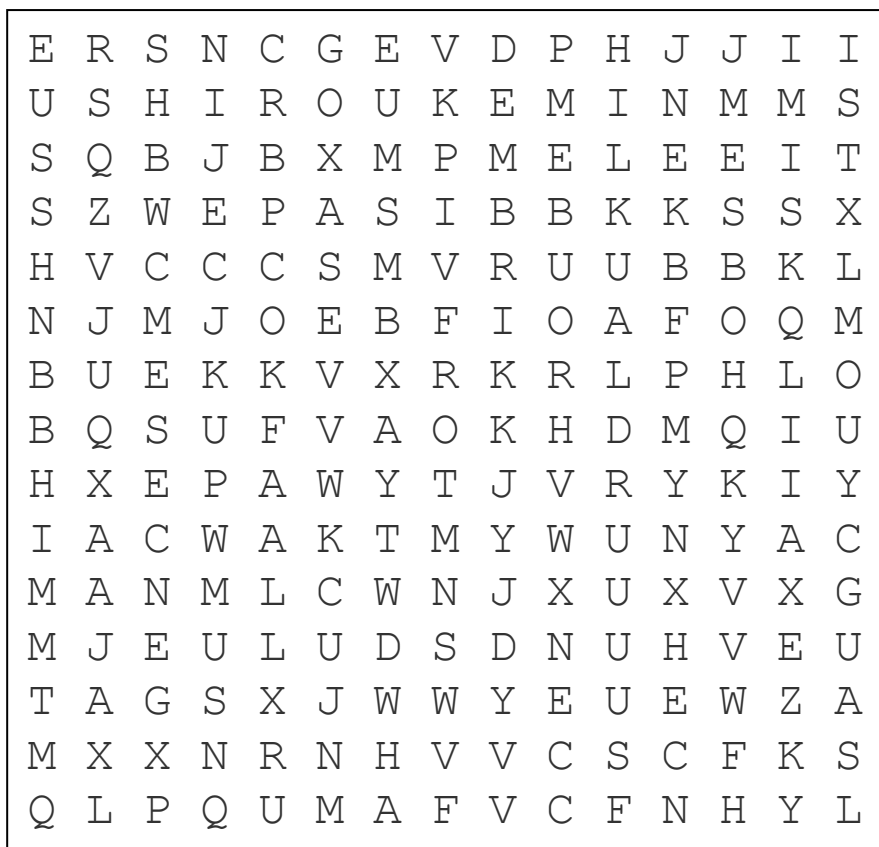
All the words you are looking for are these Japanese words for breakfall techniques:

Ushiro Ukemi

Yoko Ukemi

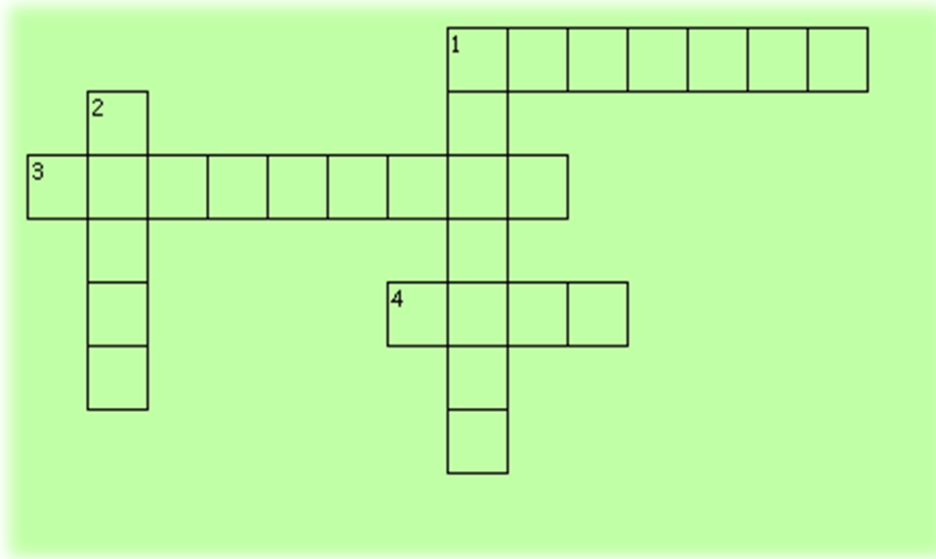
Mae Ukemi

Mae Mawari Ukemi



Ukemi / Breakfall Crossword

In this cross word I have provided you with the Japanese words, and you need to fill in the English words:



Across

1. Ushiro
3. Ukemi
4. Yoko

Down

1. Mawari
2. Mae



Basic Judo Terms Wordsearch

All the words you are looking for are these Japanese words for basic judo terms:

Dojo

Sensei

Uke

Judoka

Obi

Judogi

Tori

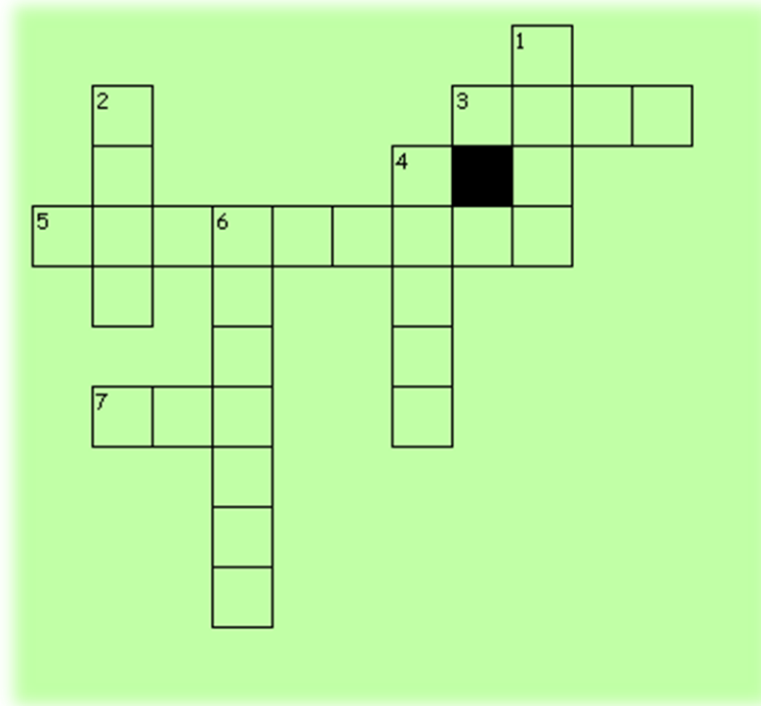
Zori

Rei

Tatame



Basic Judo Terms Crossword



Across

- 3. Dojo
- 5. Zori
- 7. Judogi

Down

- 1. Tatame
- 2. Obi
- 4. Sensei
- 6. Uke